

LENT MOBILE

First Week of Lent





PRAY

Practice Reconciliation



FAST

From a Favorite Food



GIVE

Collect food for the needy



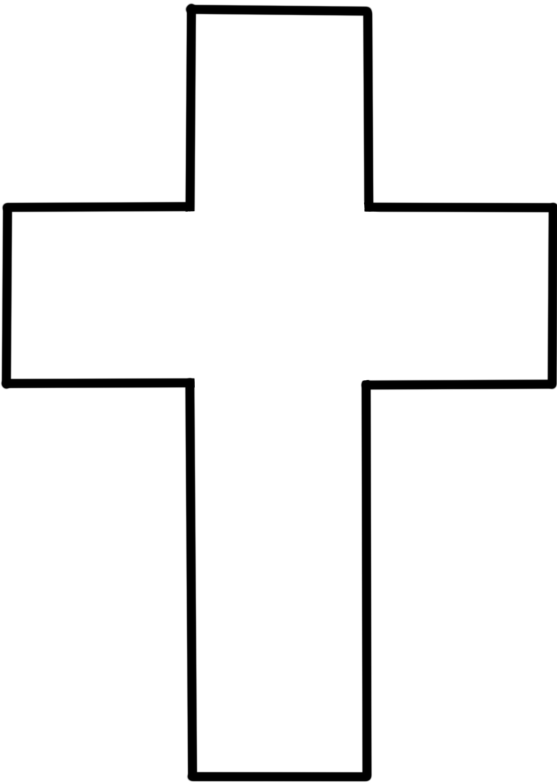
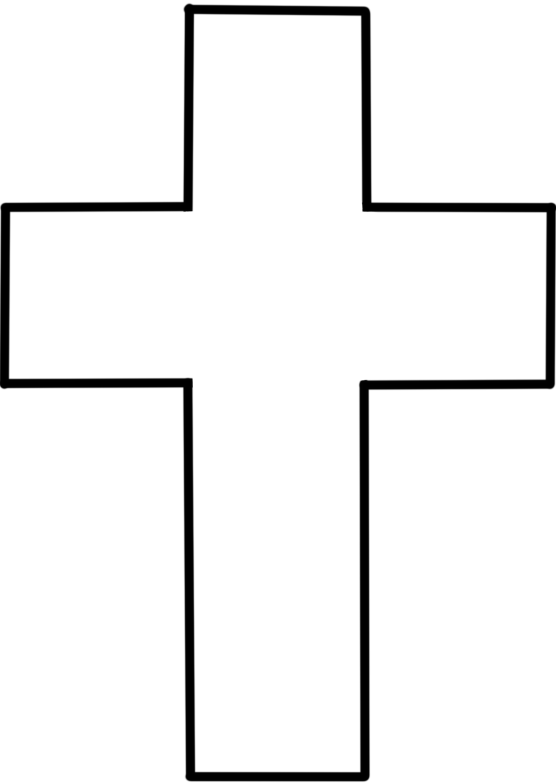
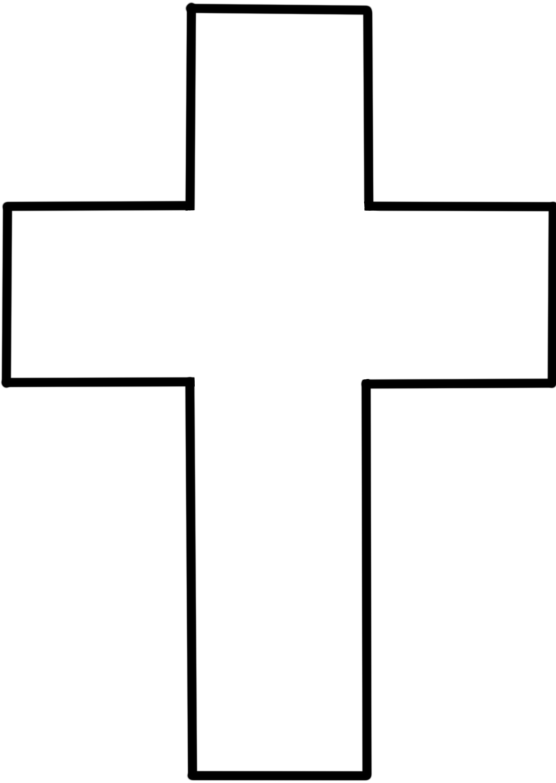
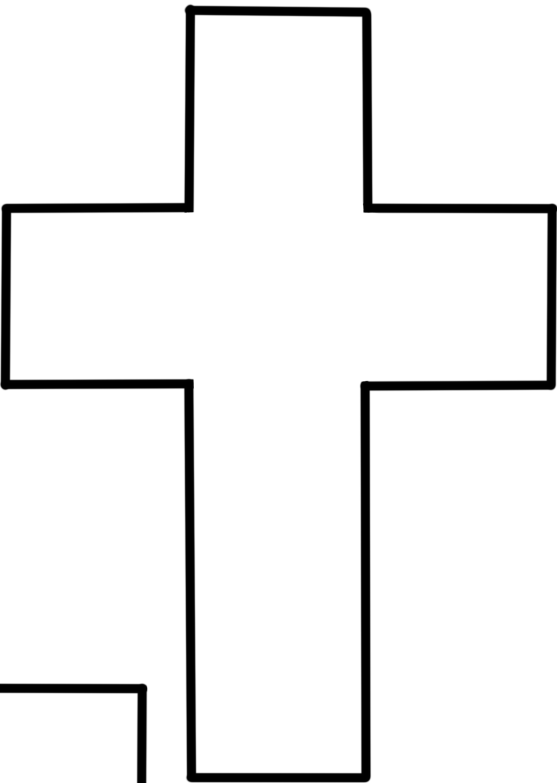
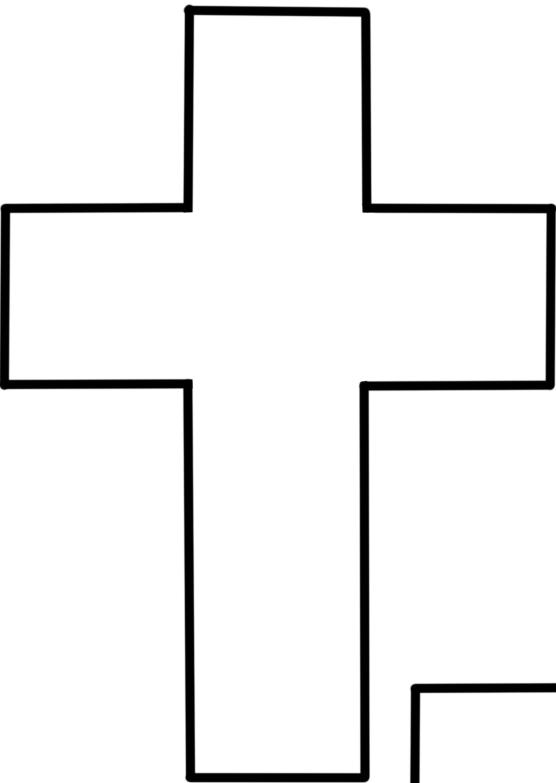
GOSPEL

Matthew 4:1-11



MAKE

Loving Choice



Lent Mobile Instructions

1. Cut out Lent mobile base and crosses.
2. Color Lent mobile base and crosses.
3. Read Matthew 4:1-11 and reflect.
4. On the back of each cross, write an activity you will do for the first week of Lent.
5. Tape a piece of string to the back of each cross and attach each cross to the base with tape. Crosses should hang down from base.
6. Hang mobile in your room, family room or window.