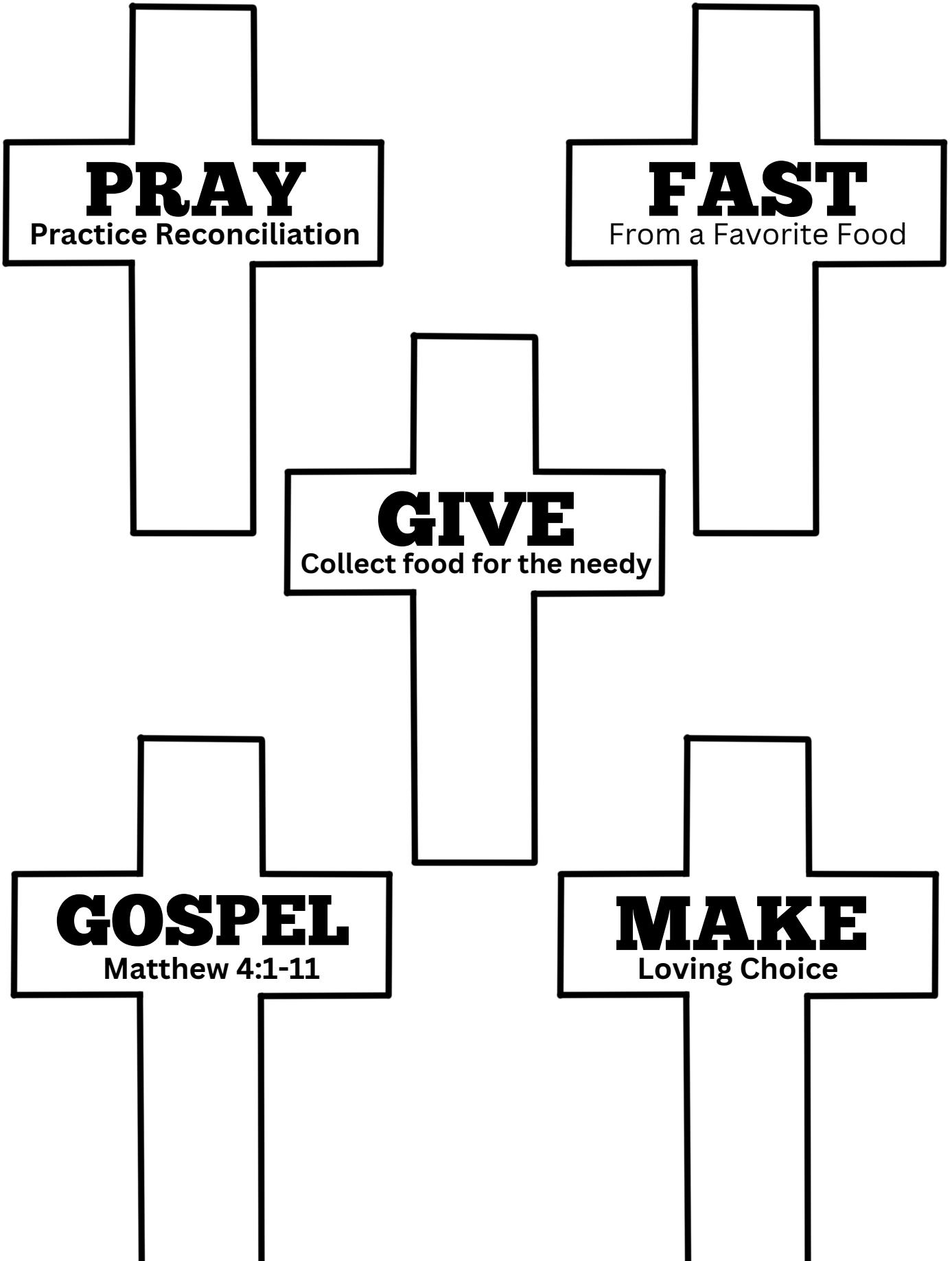


# LENT MOBILE

First Week of Lent





**PRAY**

Practice Reconciliation

**FAST**

From a Favorite Food

**GIVE**

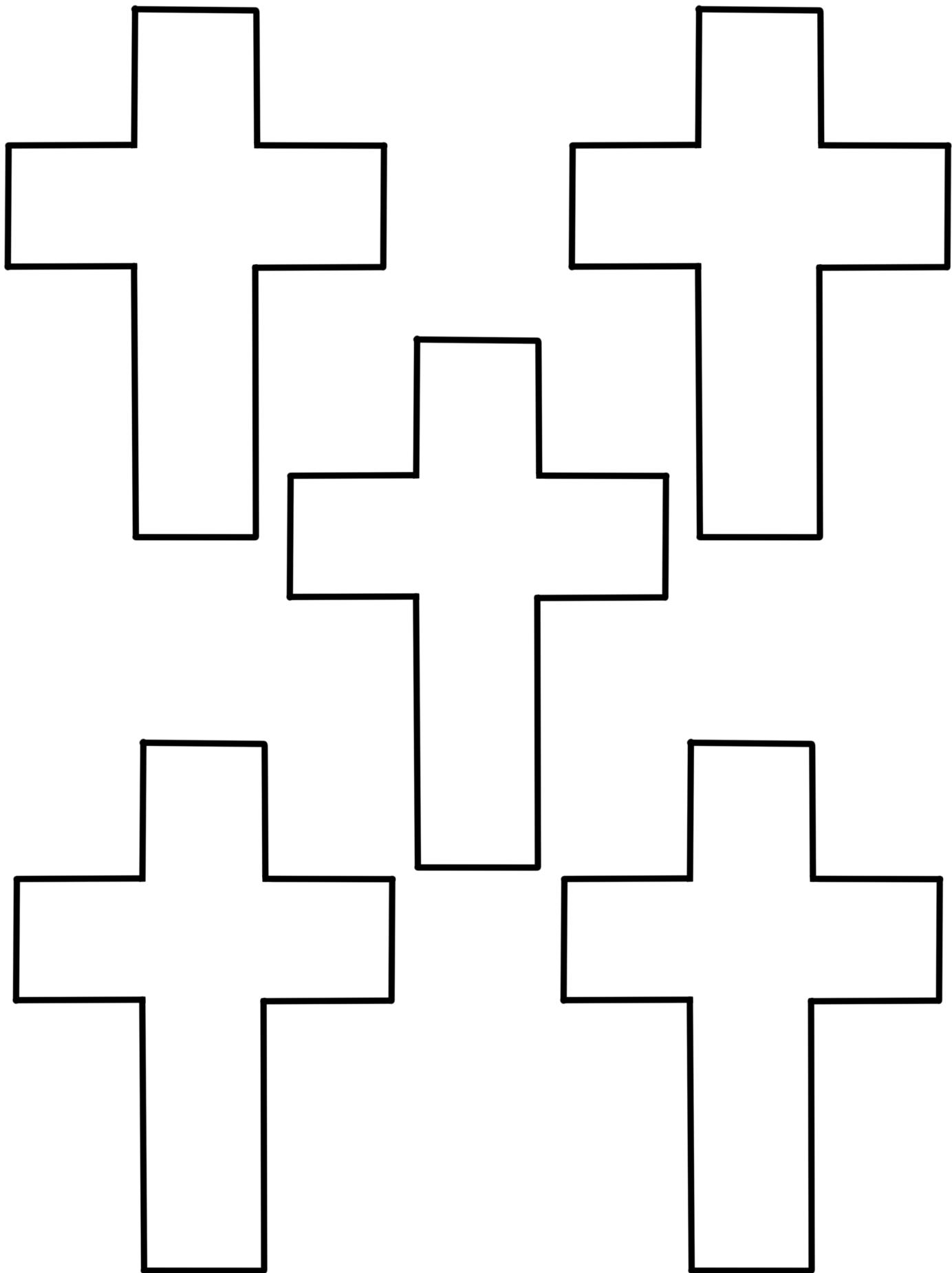
Collect food for the needy

**GOSPEL**

Matthew 4:1-11

**MAKE**

Loving Choice



## **Lent Mobile Instructions**

1. Cut out Lent mobile base and crosses.
2. Color Lent mobile base and crosses.
3. Read Matthew 4:1-11 and reflect.
4. On the back of each cross, write an activity you will do for the first week of Lent.
5. Tape a piece of string to the back of each cross and attach each cross to the base with tape. Crosses should hang down from base.
6. Hang mobile in your room, family room or window.